

## A Guide for Your Loved One’s Care

### For You and your Family,

If you have this guide in front of you, you are likely facing an important and sometimes overwhelming decision for someone you love. You may have more questions than answers, and you may be trying to balance what feels right with what is possible. This is not an easy moment - and you are not alone in it.

At Our Cottage, we believe care should feel personal, calm, and truly like home. We are a family-owned network of licensed residential care homes in Plano and Frisco, created to provide attentive, individualized support in a warm and comfortable environment. With only a small number of residents in each home — typically 8, and up to 16 in our larger location — we are able to truly know each person, support them with dignity, and create a setting that feels safe, familiar, and unhurried.

We invite you to take a moment to look inside. Below, you’ll find virtual tours of each of our homes. Simply scan the code for the location that feels most convenient or closest to you, and take a few moments to walk through the space. Seeing the home, even virtually, is often the easiest way to understand the environment and feel whether it may be the right fit for your loved one.

### We invite you to take a moment and walk through our homes.

Simply scan the code for the location that feels most convenient or closest to you, and take a virtual walk through the space and If you’d like to see more of what everyday life feels like in our homes, we also invite you to visit our website or Facebook page. There, you’ll find real moments from daily life — shared meals, activities, and quiet time — that help bring the experience of Our Cottage to life

#### WEST PLANO

4200 Ambrosia Ln  
Plano, TX 75093  
**MAX capacity:**  
**8 bed**



#### CENTRAL PLANO

1525 Aylesbury Ln  
Plano, TX 75075  
**MAX capacity:**  
**8 bed**



#### EAST PLANO

2101 Diane Dr  
Plano, TX 75074  
**MAX capacity:**  
**8 bed**



#### WEST FRISCO

20000 Fiddlers Green Rd  
Frisco, TX 75032  
**MAX capacity:**  
**16 bed**



We’re here to help. If you have questions or would like to talk through your situation, please don’t hesitate to reach out.

**Our Cottage**

**Your Care. Our Purpose.**

 469-697-0665

 [info@ourcottage.com](mailto:info@ourcottage.com)

 [www.ourcottage.com](http://www.ourcottage.com)

## Accommodation & Care Guide

Room Type	Base Rate per bed/ Single Occupancy	Base Rate per bed / Companion Occupancy
<b>Standard Room</b> No attached bathroom	\$4,500 per month	\$4,000
<b>Premium Room (En-Suite)</b> Standard-size room with a private attached bathroom	\$5,500 per month	N/A
<b>Executive Suite (En-Suite)</b> Oversized room with a private attached bathroom	\$9,000 per month	\$4,500 per month
<b>Additional Services</b>	<b>Pricing per unit</b>	
All Inclusive Standard Care	\$1,500*	
All Inclusive Supportive Care   Memory Care	\$2,500*	
All Inclusive Enhanced Care   Memory Care	\$3,500*	
Respite Care (a short stay designed to support your loved one while you take time to rest)	\$350 per day (min 5 days), with reduced daily rates for stays of 10 days or longer.	
Reservation and Coordination Fee	Up to \$3,000 one-time	

\* **Residents are assessed at the time of admission to determine whether their care needs fall within the Standard All-Inclusive level, Supportive Care level, or require Enhanced Care / Memory Care support.**

### Care & Pricing Structure:

Our Cottage offers an all-inclusive living experience, designed to provide comfort, convenience, and peace of mind for both Residents and their families. The monthly rate includes housing, meals, utilities, staffing, and daily services, creating a supportive and home-like environment.

#### This includes:

- Meals (*breakfast cooked to order in the home, along with off-site chef-prepared, high nutritional-density lunches and dinners delivered fresh daily and developed in accordance with geriatric dietary guidelines*)
- A variety of fresh fruit, snacks, and beverages available throughout the day
- All utilities (*electricity, water, and gas*)
- Wi-Fi and internet access
- Fully furnished room (*excluding bed, mattress, and linens*)
- Housekeeping and laundry services
- Social, wellness, and activity programming

Total monthly pricing is determined based on two components:

- **Room Type selected**
- **Level of Care required**, as determined through assessment conducted prior to or at the time of admission

If a Resident's care needs change over time, the level of care may be reassessed and adjusted to ensure appropriate support. Any changes will always be communicated and discussed with the family in advance.

## Accommodation & Care Pricing Matrix

Room Type / Occupancy Type	Locations Available	Standard Care	Supportive Care / Memory Care	Enhanced Care / Memory Care
<b>Standard Room</b> <i>(No bathroom/ Private)</i>	Diane • Ambrosia • Aylesbury	\$6,000	\$7,000	NA
<b>Standard Room</b> <i>(No bathroom / Companion)</i>	Diane • Aylesbury	\$5,500	\$6,500	NA
<b>Premium Room</b> <i>(En-Suite / Private )</i>	Ambrosia • Aylesbury • Frisco	\$7,000	\$8,000	\$9,000 <i>(Frisco location only)</i>
<b>Premium Room</b> <i>(En-Suite /Companion)</i>	Ambrosia • Aylesbury	\$6,500	\$7,500	NA
<b>Executive Suite</b> <i>(En-Suite /Private)</i>	Ambrosia • Aylesbury	\$10,500	\$11,500	NA
<b>Executive Suite</b> <i>(En-Suite /Companion)</i>	Ambrosia • Aylesbury • Diane	\$6,000	\$7,000	NA

### Care Level Guide:

Care Level	Evacuation Ability	Support & Supervision	Typical Resident Profile
<b>Standard Care</b>	✓ Able to recognize danger and evacuate independently	Light support with <b>ongoing oversight, safety monitoring, and as-needed assistance</b> (not continuous hands-on care) – See more below.	Independent, benefits from structure, meals, medication management, and supervision
<b>Supportive / Memory Care</b>	⚠ Requires assistance to recognize danger and safely evacuate	<b>Regular hands-on assistance from 1 caregiver</b> , including mobility support, cueing, and supervision throughout the day	Moderate assistance, some cognitive or mobility limitations
<b>Enhanced / Memory Care</b>	! Unable to safely evacuate without full assistance	<b>Continuous oversight with 2 caregivers as needed</b> , including full assistance, supervision, and safety management	High physical or cognitive needs

**Residents are assessed at the time of admission to determine whether their care needs fall within the Standard All-Inclusive level, Supportive / Memory Care level, or require Enhanced Care / Memory Care support.**

### EXCLUDED:

The following items are not included in the monthly rate and remain the responsibility of the Resident or family:

- Bed, mattress, and all bedding (including sheets, pillows, and blankets) & towels
- Incontinence products
- Nutritional supplements (including protein drinks)

## Understanding Your Loved One's Care Needs

### All Inclusive Standard Care include:

Standard Care is designed for Residents who are largely independent and benefit from a supportive, maintenance-style environment.

This level includes all core services of the Community, with minimal hands-on assistance required.

Residents qualifying for Standard Care are generally independent and may meet one or more of the following criteria:

- Independent with Activities of Daily Living (ADLs), including dressing, grooming, toileting, and eating
- Ambulatory and able to transfer independently without assistance
- Require **minimal supervision**, with occasional reminders or check-ins only
- Require **basic medication management** (typically 1–10 medications and/or supplements daily)
- Do not require routine hands-on assistance from caregivers throughout the day

#### Evacuation & Safety Profile:

Residents at this level are able to recognize an emergency situation, follow instructions, and safely evacuate the home independently without physical assistance.

This level reflects a supportive living environment focused on comfort, safety, and convenience, rather than ongoing physical assistance.

### All Inclusive Supportive Care | Memory Care Rate include:

Supportive Care / Memory Care is designed for Residents who require regular assistance with daily activities but can be safely supported with one-person care.

This level includes all core services of the Community, with additional hands-on support and supervision throughout the day.

Residents qualifying for Supportive Care/ Memory Care may meet one or more of the following criteria:

- Require assistance with one or more Activities of Daily Living (ADLs), including dressing, grooming, bathing, or toileting
- Require **one-person assist** for transfers or mobility
- May use a walker or wheelchair with assistance
- Require **regular reminders, cueing, or supervision** throughout the day
- Have mild to moderate cognitive changes, including occasional confusion or need for redirection
- Require **moderate medication management** (typically 11–20 medications and/or supplements daily, or more structured administration schedules)
- Require more frequent incontinence care or hands-on support throughout the day

#### Evacuation & Safety Profile:

Residents at this level require the assistance of one caregiver to recognize an emergency, follow evacuation instructions, and safely exit the home.

This level reflects the additional caregiver time, attention, and supervision necessary to support Residents who are no longer fully independent but do not require two-person assistance or continuous oversight.

## All Inclusive Enhanced Care | Memory Care Rate includes:

Enhanced Care / Memory Care is designed for Residents who require a higher level of physical assistance, supervision, and/or cognitive support beyond what can be provided within the Supportive Care level.

This level includes all services provided under the Standard and Supportive All-Inclusive Care, with additional staffing, supervision, and specialized support.

Residents qualifying for Enhanced Care / Memory Care may meet one or more of the following criteria:

- Require **two-person assist** or the use of a **mechanical lift** for transfers
- Require extensive or full assistance with Activities of Daily Living (ADLs)
- Have moderate to advanced cognitive impairment, including dementia or memory-related conditions
- Exhibit **wandering, exit-seeking, agitation, or other behaviors** requiring enhanced supervision
- Require **continuous redirection, cueing, or supervision** throughout the day
- Require **complex medication management** (typically 21+ medications and/or supplements daily, or specialized/high-frequency dosing schedules)

### Evacuation & Safety Profile:

Residents at this level require two-person assistance and/or continuous supervision to safely evacuate. They may be unable to recognize danger, physically exit the home independently, or remain safely outside without direct supervision.

This level reflects the increased caregiver involvement, specialized training, and higher staff-to-resident attention necessary to maintain a safe, structured, and dignified environment for each Resident.

## Words from Families We've Care For:



### Kim Osborn

"I can't express enough how grateful I am for the exceptional care my mother receives at Our Cottage. The owners and staff are incredibly attentive, supportive, and thoughtful, ensuring that my mother's needs are met with compassion and respect.

What stands out most is their genuine commitment to creating a comfortable environment for her. They go above and beyond to provide the best possible experience in every aspect — mentally, physically, emotionally, and medically. It's truly heartwarming to see how the team takes the time to engage with her, fostering not just care, but meaningful connection.

Our Cottage has become a second home for my mother, and it brings our family a deep sense of peace knowing she is in such capable and caring hands. I wholeheartedly recommend Our Cottage to anyone seeking a nurturing and supportive home for their loved one."



### Shannon Rene

"I was so nervous about placing my elderly mom, who has dementia, in any care setting. For a long time, my sister and I believed we were the only ones who could truly care for her — and we did, until her needs became greater than what we could physically manage.

Finding Our Cottage was truly a blessing. The team is exceptional — attentive, organized, and always on top of everything, from my mom's care to all of the day-to-day details. Most importantly, I know she is safe, supported, and genuinely cared for.

That peace of mind means everything to me. I am incredibly grateful to the entire team and truly believe they deserve every five-star review."