

10 Questions to Ask Any Texas Assisted Living Facility

A family checklist from Our Cottage in Plano, TX

Use this checklist when touring assisted living communities, comparing care options, or trying to understand what Texas assisted living regulations mean for your loved one. It is designed to help families ask practical questions about licensing, safety, resident rights, daily support, communication, care costs, and overall fit.

How to use this checklist

Bring it with you during each tour. Ask the same questions at every community so your family can compare answers more clearly. Leave space for notes, impressions, follow-up questions, and anything that feels important after the visit.

[Schedule a Visit](#) | [Care Assessment](#) | [Floor Plans & Pricing](#)

Checklist

1. Is the community licensed in Texas, and what license type applies?

Ask whether the facility is licensed as Type A or Type B and what that means for residents with mobility, memory, transfer, or nighttime support needs.

Notes: _____

2. How does the community decide whether my loved one is a good care fit?

Ask how the team reviews daily living needs, medication support, mobility, memory changes, personal care, and whether needs are reassessed after move-in.

Notes: _____

3. How are resident rights explained and protected?

Ask how dignity, privacy, respectful care, communication, choice, and family concerns are handled in daily life.

Notes: _____

4. What safety procedures matter most for residents here?

Ask about emergency response, evacuation support, fall prevention practices, accessible bathrooms, secure outdoor areas, and how staff respond when needs change.

Notes: _____

5. How does the team communicate with families?

Ask who contacts the family when there are changes in health, mood, care needs, appetite, safety concerns, or daily routines.

Notes: _____

Checklist, continued

6. What daily living support is included?

Ask about bathing, dressing, grooming, meals, nutrition, personal care, home services, utilities, wellness activities, and on-site medical coordination.

Notes: _____

7. How does the community support residents with memory-related needs?

Ask how the environment, routines, staff support, safety practices, and communication approach help residents who may be living with memory changes.

Notes: _____

8. How can families review inspection-related information?

Ask where to find inspection history, how the community explains past findings, and how concerns are corrected and communicated.

Notes: _____

9. What does daily life feel like for residents?

Ask about common areas, porches, secure garden spaces, private dining or living areas for visits, activities, meals, and how personal routines are honored.

Notes: _____

10. What is included in the monthly cost, and what may cost extra?

Ask about room type, care add-ons, respite rates, community fees, personal care services, and how families are notified if care needs or costs change.

Notes: _____

After the Tour: 5 Signs of a Strong Fit

- **The answers are clear.** The team can explain licensing, care fit, daily support, safety, communication, and pricing in simple terms.
- **The environment feels calm and comfortable.** The setting feels home-like, accessible, and welcoming for your loved one.
- **The care plan feels personal.** The community asks about routines, preferences, mobility, memory needs, meals, family involvement, and quality of life.
- **Families are encouraged to ask questions.** You feel invited to compare options, review costs, and talk openly about concerns.
- **Your loved one is treated like a person, not a checklist.** Regulations matter, but dignity, comfort, respect, and daily connection matter too.

About Our Cottage

Our Cottage provides Assisted Living, Memory Care, and Respite Care in Plano, Texas. Families can explore smaller, home-like settings with comfort-focused design, outdoor spaces, private and shared rooms, accessible bathrooms, home-like common areas, daily living support, dining and nutrition, home services and personal care, wellness and life enrichment, and on-site medical coordination.

Plano locations

Ambrosia Lane - 4200 Ambrosia Ln, Plano, TX 75093
Aylesbury Lane - 1525 Aylesbury Ln, Plano, TX 75075
Diane Dr - 2101 Diane Dr, Plano, TX 75074

Ready to compare care options? Schedule a Visit, complete the Care Assessment, review Floor Plans & Pricing, or Contact Our Cottage.

Call Our Cottage at 469-697-0565 to talk through your family's needs.

This checklist is for general educational purposes and is not legal, medical, or regulatory advice. Families should ask each community direct questions and review current state resources when comparing care options.